

Clip 5 Transcript

I think so both of these factors often leave me waffling on decisions or taking my time to make decisions. And I think, I think the best way I can, or I don't know how to fix it, but the best advice I gave myself is, you know, especially as I get older, it was a little harder when I was younger. But a year is a short period of time, which is weird to think about. And you're more flexible than you think. I tend to be quite stubborn, and then I tend to be, I like things the way I like things. But finding something that, ranking like, finding something that meets my sensory needs, is often more important, somewhere I can feel safe, somewhere I can kind of retreat to and be happy is probably more important than, let's say, commute or whatnot or, that sort of stuff.

Mike: So you do a bit of almost like a ranking of the things that matter most.

Yeah. So, like, I don't know if this would be and, like, sensory needs or, like, the feeling that I feel safe or, like, I can retreat to this place is really hard to put on an apartment application. So just for anybody who, for anybody with similar support needs to me or even different or any support needs, being able to prioritize what you need is more is really important. Don't ignore your support needs. And try to find ways of, I don't know, proxying, finding ways that you see applications that you can kind of get a feel. For example, I like having in suite laundry. I like having, I don't like having big overhead lights. So basement suites work perfectly for me. If you're sensitive to noise, look at finding corner apartments. My apartment was in the corner of my floor, so I only had one unit next to me. So it's about knowing, you almost have to kind of, which is hard, you need to read between the lines. There's almost like a like, you there's a learning process. And I feel like, yeah, there needs to be almost like a matching.